

# Holy Eucharist

## St. Michael and All Angels Episcopal Church

**Ministers of St. Michael's: All Members of the Congregation**

**Church Musician:** Nadia Kelham

Welcome to historic St. Michael and All Angels, a Welcoming and Affirming Total Ministry congregation!

### **A Prayer of Welcome:**

Holy Spirit living within us, guide our hearts and minds as we welcome today all those who worship at St. Michael's. Give us discerning hearts so that everyone who crosses our threshold feels welcomed in the spirit of your love. Help us to recognize each person as an individual sent by you who will enrich our lives. And most of all, O God, let this be a place of love and acceptance of all your children, in the name of your Child, our Savior, Jesus Christ. Amen.

**Mission Statement:** Empowered by the Holy Spirit through our baptism and transformed by Word and Sacrament, we follow Christ to serve the world as ministers of God's redeeming love.

### **The Fourth Sunday After the Epiphany**

February 1, 2026

*Please be seated as we share announcements, concerns, birthdays and anniversaries (inside cover of BCP) and other prayers of thanksgiving.*

**Prelude – Centering Time** *(A time to prepare our hearts and minds for worship)*

*Please stand for the opening hymn.*

**Hymn ~ We glory in the cross**

*(See next page)*

1 We glo - ry in the cross, in Christ, the cru - ci -  
 2 The arms of Je - sus' cross en com - pass all the  
 3 The fol - ly of the cross is wis - dom to the  
 4 The beau - ty of the cross is love re - vealed in

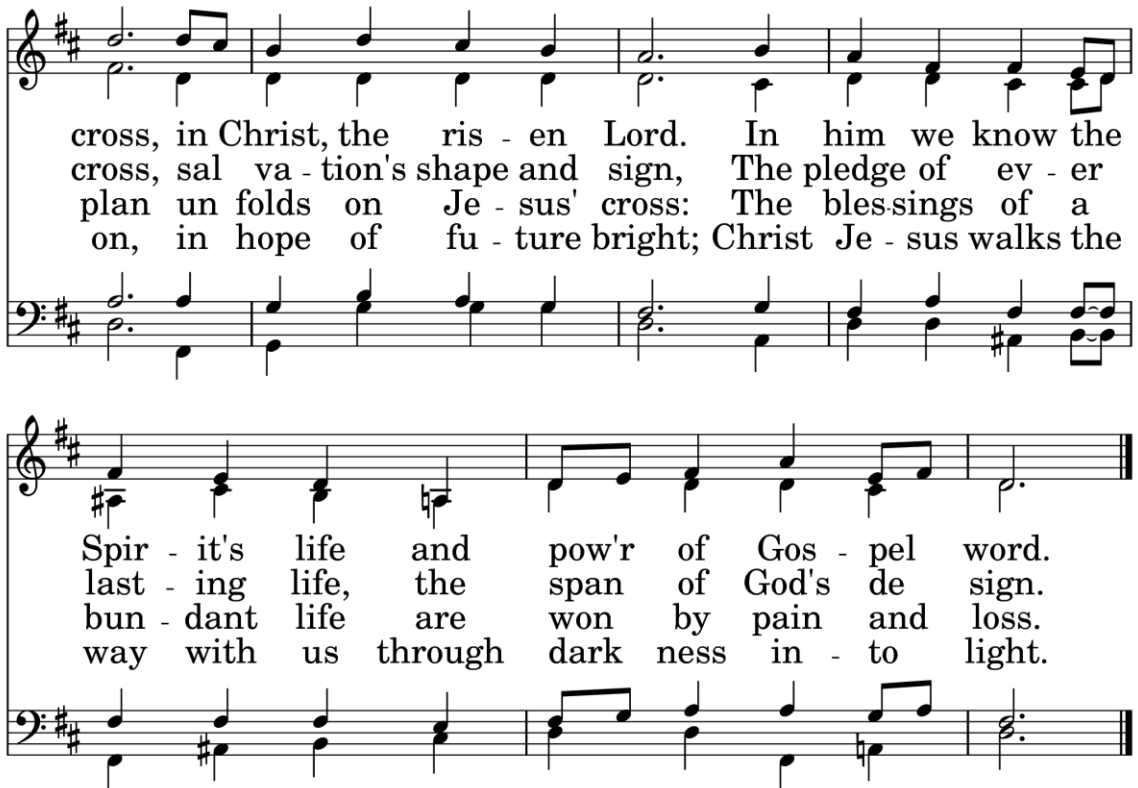
fied. In him we die to sin and self and  
 earth; In this em - brace we find our peace and  
 wise; For all who choose to die with Christ, with  
 death; With grate - ful lips we sing our praise, with

in God's grace a bide. We glo - ry in the  
 in this death, new birth. We glo - ry in the  
 Christ will al - so rise. The myst - 'ry of God's  
 mind and heart and breath. In joy we jour - ney

Custom FlexScore created at [Hymnary.org](http://Hymnary.org)

TEXT: Delores Dufner, © 2003 GIA Publications, Inc.

MUSIC (TERRA BEATA, SMD): Franklin L. Sheppard, 1915; harm. Edward Shippen Barnes, 1926, alt.



cross, in Christ, the ris - en Lord. In him we know the  
cross, sal - va - tion's shape and sign, The pledge of ev - er  
plan un folds on Je - sus' cross: The blessings of a  
on, in hope of fu - ture bright; Christ Je - sus walks the

Spir - it's life and pow'r of Gos - pel word.  
last - ing life, the span of God's de sign.  
bun - dant life are won by pain and loss.  
way with us through dark ness in - to light.

## Liturgy of the Word

*Celebrant* Blessed be God: Father, Son and Holy Spirit.

*People* And blessed be God's kingdom, now and forever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

## Gloria

1x unison, then 2x as a round, right (North) side first, then left (South).



Tune: Jacques Berthier, 1923-1994, © 1979, 1988, Les Presses de Taizé, GIA Publications, Inc., agent

## Collect of the Day

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## First Reading

Micah 6:1-8

Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,  
and you enduring foundations of the earth;

for the LORD has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?  
In what have I wearied you? Answer me!  
For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,  
and bow myself before God on high?  
Shall I come before him with burnt-offerings,  
with calves a year old?  
Will the LORD be pleased with thousands of rams,  
with tens of thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”  
He has told you, O mortal, what is good;  
and what does the LORD require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

<i>Reader</i>	Hear what the Spirit is saying to God’s people.
<i>People</i>	Thanks be to God.

## **Psalm 15**

*Read responsively by whole verse*

1 LORD, who may dwell in your tabernacle?  
who may abide upon your holy hill?

*2 Whoever leads a blameless life and does what is right,  
who speaks the truth from his heart.*

*3 There is no guile upon his tongue;  
he does no evil to his friend;  
he does not heap contempt upon his neighbor.*

*4 In his sight the wicked is rejected,  
but he honors those who fear the LORD.*

*5 He has sworn to do no wrong  
and does not take back his word.*

*6 He does not give his money in hope of gain,  
nor does he take a bribe against the innocent.*

*7 Whoever does these things  
shall never be overthrown.*

## **Second Reading**

1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

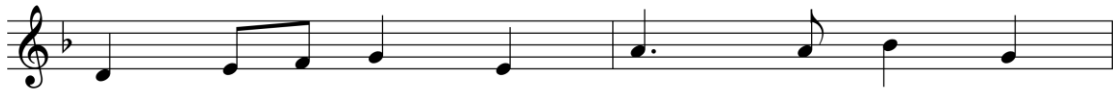
Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Reader*        Hear what the Spirit is saying to the Church.

*People*        Thanks be to God.

**Hymn**    What does the Lord require? *(See next page)*



1. What does the Lord re - quire for praise and  
2. Rul - ers of earth, give ear! should you not  
3. Still down the a - ges ring the proph - et's  
4. How shall our life ful - fill God's law so



of - fer - ing? What sac - ri - fice, de -  
jus - tice know? Will God your plead - ing  
stern com-mands: To mer-chant, work - er,  
hard and high? Let Christ en - due our



sire or trib - ute bid you bring? Do just - ly; Love  
hear, while crime and cru - elty grow? Do just - ly; Love  
king, he brings God's high de-mands: Do just - ly; Love  
will with grace to for - ti - fy, Then just - ly, In



mer - cy; Walk hum - bly with your God.  
mer - cy; Walk hum - bly with your God.  
mer - cy; Walk hum - bly with your God.  
mer - cy; We'll hum - bly walk with God.

Text: Micah 6:6-8; Albert F. Bayly, 1901-1984, alt., © Oxford University Press  
Tune: SHARPTHORNE, 6 6 6 6 3 3 6; Erik Routley, 1917-1982, © 1969, Hope Publishing Co.



## Holy Gospel

Matthew 5:1-12

*Deacon*      The Holy Gospel of our Lord Jesus Christ  
according to Matthew.

*People*      Glory to you, Lord Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

*Deacon*      The Gospel of the Lord.

*People*      Praise to you, Lord Christ.

## Sermon

Sandy Benes

## Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## Prayers of the People

*Deacon* O God, whose wisdom surpasses our understanding,  
help us to grow as a people of blessing  
as we offer our prayers for the church and the world.

*Reader* We pray for those who mourn;  
**may they know the comfort of your abiding presence.**

We pray for the meek;  
**may they receive the goodness of your earth.**

We pray for those who hunger and thirst for righteousness;  
**may they be filled with goodness.**

We pray for those who are merciful;  
**may they also receive mercy.**

We pray for the pure in heart;  
**may they see you face to face.**

We pray for the peacemakers;  
**may they be recognized as your children.**

We pray for those who are persecuted for the sake of righteousness;  
**may they know the protection of your realm.**

We rejoice this day and give thanks for the many blessings of this life  
and for the gift of heaven which is ours even now.

*(Please offer prayers)*

We pray for those celebrating birthdays and anniversaries,

*(Please offer prayers)*

And we thank you for teachers, students, and the opportunity to learn.

*(Please offer prayers)*

May we, with your prophets from all the ages,  
have the wisdom to pursue your truth  
and the courage to do what is holy and right.

We ask all this in the name of Christ,  
who is our light and our life. **Amen.**

## **Confession of Sin**

*Deacon* Let us confess our sins,  
for the Holy One delights in blessing  
those who seek to walk with God.

*Deacon and People*

God, we have not done what is blameless and right,  
nor spoken truth from the heart with love.  
We do not keep your word,  
and when we participate in gossip,  
our words and deeds cause pain.  
Forgive us by the power of your mercy,  
that we might stand in the goodness of Christ  
and walk in the light of his love. **Amen.**

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through  
our Lord Jesus Christ, strengthen you in all goodness, and by the  
power of the Holy Spirit keep you in eternal life. **Amen.**

## **Peace**

*Celebrant* The peace of the Lord be always with you.  
*People* And also with you.

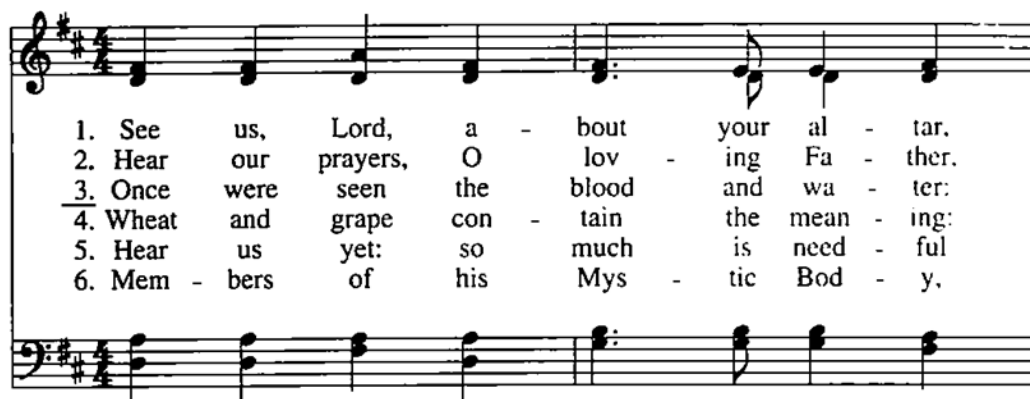
*Please be seated after the exchange of the Peace. We remain seated as we sing  
the offertory hymn.*

## **Offertory**

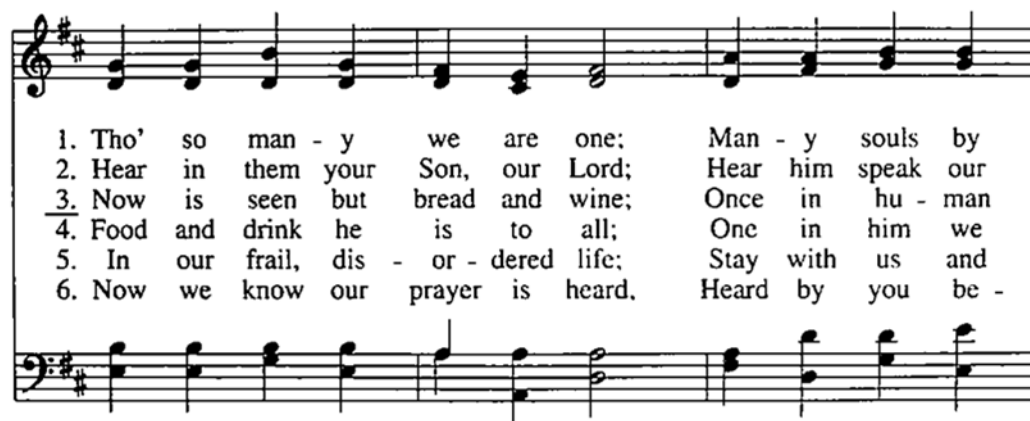
*Celebrant*

Walk in love, as Christ loved us and gave himself for us,  
an offering and sacrifice to God.

## Hymn ~ See us, Lord, about your altar



1. See us, Lord, a - bout your al - tar,  
 2. Hear our prayers, O lov - ing Fa - ther,  
 3. Once were seen the blood and wa - ter;  
 4. Wheat and grape con - tain the mean - ing:  
 5. Hear us yet: so much is need - ful  
 6. Mem - bers of his Mys - tic Bod - y,



1. Tho' so man - y we are one; Man - y souls by  
 2. Hear in them your Son, our Lord; Hear him speak our  
 3. Now is seen but bread and wine; Once in hu - man  
 4. Food and drink he is to all; One in him we  
 5. In our frail, dis - or - dered life; Stay with us and  
 6. Now we know our prayer is heard, Heard by you be -

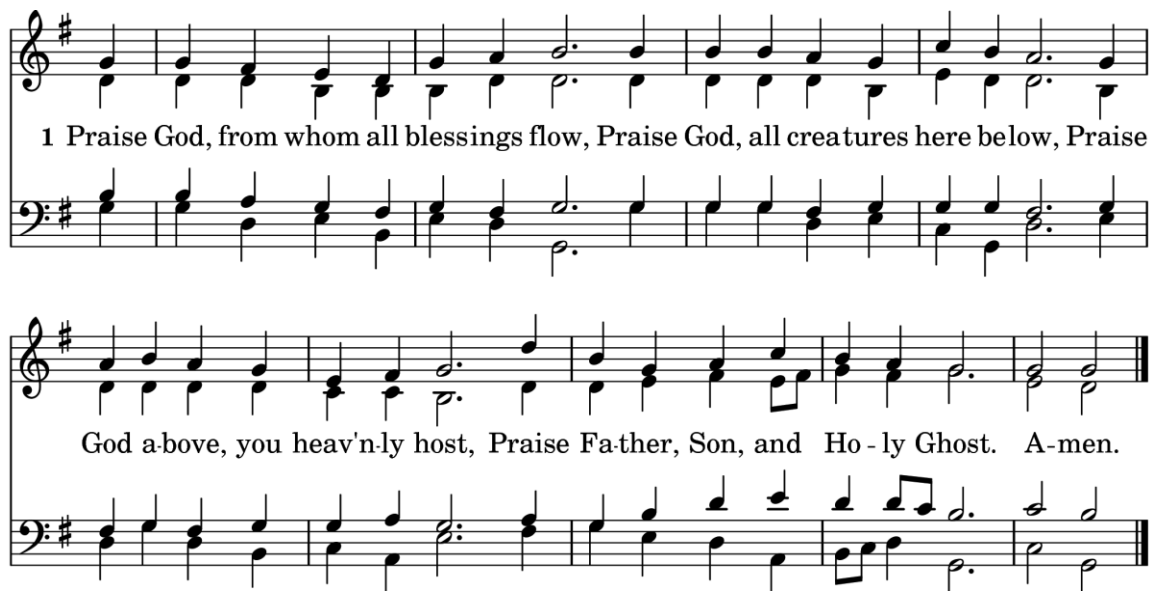


1. love u - ni - ted In the heart of Christ, your Son.  
 2. love and wor - ship As we sing with one ac - cord.  
 3. form he suf - fered, Now his form is but a sign.  
 4. kneel a - dor - ing, Gath - ered by his lov - ing call.  
 5. tend our weak - ness Till that day of no more strife.  
 6. cause your chil - dren Have re - ceived th'e - ter - nal Word.

Text: 87 87; John Greally, b. 1934, alt.

Music: DRAKES BROUGHTON; Edward Elgar, 1857-1934.

## Doxology *(Please stand)*



1 Praise God, from whom all blessings flow, Praise God, all creatures here below, Praise  
God a-bove, you heav'n-ly host, Praise Fa-ther, Son, and Ho - ly Ghost. A-men.

Custom FlexScore created at [Hymnary.org](http://Hymnary.org)

TEXT: Thomas Ken (1674), P.D., alt.

MUSIC (OLD HUNDREDETH, LM): Genevan Psalter, 1551

## Great Thanksgiving

The Lord be with you.

*And also with you.*

Lift up your hearts.

*We lift them to the Lord.*

Let us give thanks to the Lord our God.

*It is right to give our thanks and praise.*

*Celebrant*

Blessed are you, Lord God, for you have been everything  
you call us to be.

You have been pure in heart,

for you called Israel to be your people in whom all would find a  
blessing.

You have been merciful,  
for in your tender mercy you made the dawn from on high  
to break upon your people,  
to guide us in the ways of peace.  
You have been a peacemaker,  
for in Jesus you broke down the dividing wall of hostility.  
And so we gladly thank you, with angels and archangels  
and all the company of heaven, singing the hymn  
of your unending praise:

*mp*  
Ho - ly, ho - ly, ho - ly Lord, God of pow'r and

*mp*  
might. Ho - ly, ho - ly, ho - ly Lord, God of

*f*  
pow'r and might. Heav - en and earth are full,

*f*

full of Your glo - ry. Ho - san - na in the high -

est, ho - san - na in the high - est. Bless-ed is the one who

comes in the name of the Lord. Ho - san - na

in the high - est, ho - san - na in the high - est.

Music: *Deutsche Messe*, Franz Schubert, 1797–1828; adapt. by Richard Proulx, 1937–2010, © 1985, 1989, GIA Publications, Inc.



*The Celebrant continues*

God our companion, in Jesus you comfort those who mourn  
and replenish those who hunger and thirst.

Fill your people now, by the power of your Holy Spirit,  
that your children may be sanctified by your grace,  
and these gifts of bread and wine may be for us  
the body and blood of your Son Jesus Christ;

who, at supper with his disciples, took bread, gave you thanks,  
broke the bread, and gave it to them, saying,

“Take, eat: This is my body which is given for you;  
do this in remembrance of me.”

After supper he took the cup.

Again he gave you thanks, and gave it to his disciples, saying,

“Drink this, all of you: this is my blood of the new covenant,  
which is shed for you and for all for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.”

Great is the mystery of faith:

*Christ has died,*

*Christ is risen,*

*Christ will come again.*

*Celebrant*

God of glory, you promise that the meek will inherit the earth,  
and that to the poor in spirit belongs the kingdom of heaven.

Visit now those who are persecuted for your righteousness  
and reviled on account of your name.

Shape your church to reflect the image of those you call blessed,  
and lead all whom you call blessed to find a home in your church,  
that the church may be full of your prophets,  
and your prophets may be full of your grace,

until all tongues cease and tears are shed no more,  
in the presence and communion of your Holy Trinity,  
Father, Son, and Holy Spirit, ever one God. *AMEN.*

*The Celebrant continues*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

### **Breaking of the Bread**

Alleluia. Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. Alleluia.*

*Celebrant*

The Gifts of God for the People of God. Take them in remembrance  
that Christ died for you, and feed on him in your hearts by faith, with  
thanksgiving.

*All are welcome to receive communion at God's table. The bread is received in the open palm. The wine is received by carefully dipping the bread into the chalice when it is presented. \*\*Please note that we do use real wine. You may choose to receive only the bread if you would rather not consume alcohol. \*\* If you would prefer not to receive communion, you may come forward with your arms crossed over your chest to receive a blessing. After receiving communion we return to our seats and remain seated as we finish singing the communion hymn.*

**Hymn**    Creator, God of humankind

*(See next page)*

1 Cre - a - tor, God of hu - man - kind, for -  
 2 In sim - ple trust like theirs who heard, be -  
 3 O Sab - bath rest by Gal - i - lee! O  
 5 Breathe through the heats of our de - sire Thy

give our fool - ish ways! Re - clothe us in our  
 side the Syr - ian sea, the gra - cious cal - ling  
 calm of hills a - bove, where Je - sus knelt to  
 cool - ness and Thy balm; let sense be dumb, let

right - ful mind; in pur - er lives Thy  
 of the Lord, let us, like them, with -  
 share with Thee the si - lence of e -  
 flesh re - tire; speak through the earth - quake,

ser - vice find, in deep - er rev - 'rence, praise.  
 out a word Rise up and fol - low Thee.  
 ter - ni - ty, in - ter - pre - ted by love!  
 wind and fire, O still small voice of calm!

Custom FlexScore created at [Hymnary.org](http://Hymnary.org)  
 TEXT: John Greenleaf Whittier (1872), alt.  
 MUSIC (REST 8.6.8.8.6.): Frederick Charles Maker, 1887

*Celebrant*      Let us pray.

*Celebrant and People*

Almighty and everliving God,  
we thank you for feeding us  
with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## **Blessing**

May Christ the Sun of Righteousness  
shine brightly on your path  
as you walk the way of justice and peace.  
And the blessing of God—  
the Creator, Healer, and Giver of Life—  
bless you and keep you, this day and always.    *Amen.*

**Hymn**    O God of love, this is a time of turning                      (See next page)

1. O God of love, this is a time of turn - ing—  
 2. O God of peace, we hear your gra - cious prom - ise:  
 3. O God of all, of im - mi-grant and neigh-bor,  
 4. O God of love, have mer - cy on your chur-ches;

a time of change, with con - flict in the news. For in our  
 Your love can heal the hearts of hu - man-kind. May we stand  
 of those in power—and of the re - fu - gee, You give us  
 Take from our hearts our pa - ra - lyz - ing fear. Give us new

land, some migh - ty winds are churn-ing; There's much at stake that  
 firm for truth and peace and jus - tice; May we leave fear and  
 all our com-mon life and la - bor— our com-mon hope, the  
 faith! Make us cou - ra - geous work-ers. Help us to la - bor

we could gain or lose. Love sings out strong, yet fires of hate are  
 ha - tred far be - hind. May we sing out, and—sing-ing—be a  
 peace we long to see. God, may we turn and be made strong to—  
 on from year to year. When oth - er voi - ces call out to dis-

burn - ing; O God of all, you call us all to choose.  
 wit - ness, and show re - solve to work for what is kind.  
 ge - ther. May we seek jus - tice, love and u - ni - ty.  
 tract us, May we choose well and seek your king-dom here.

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## Dismissal

*Deacon* Alleluia. Alleluia. In the spirit of the beatitudes, go in peace  
 committing to leading a life of blessing,  
 compassion, simplicity, and peace.

*People* Thanks be to God. Alleluia. Alleluia.

## Postlude



*Thank you for being here!*

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